

Name: Dr. Poonam Singh
Designation: Professor
Department: Practice of Medicine
Faculty of: Homoeopathy
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About: Dr. Poonam Singh serving as Professor in the department of Practice of Medicine at Sri Ganganagar Homoeopathic Medical College Hospital and research Institute, faculty of Homoeopathy, Tania University, Sri Ganganagar, Rajasthan. Awarded Ph. D. Homoeopathy from Tania University, Sri Ganganagar in 2021. She has supervised 10 Ph.D students and has 23 publications in national and international Journals including Scopus, UGC Crae, and Peer reviewd has attended Seminar, Conferences and Workshops. She is a goal oriented person committed to promote the Homoeopathy system of medicine.

Experience: 9 Years

Qualification:

- Ph. D. In Homoeopathy from Tania University, Sri Ganganagar, Rajasthan in 2021.
- M. D. (Hom) in Practice of Medicine from Bharti Vidyapeeth Deemed University, Pune (Maharastra) in 2016.
- B. H. M.S from Barktullah University (Hahnemann Homoeopathic Medical College and Hospital), Bhopal, Madhy Pradesh in 2012.
- Qualified National Ayush Teacher Eligibility Test (NTET) in 2024
- 12th from A. D. Govt. Girls Inter College. Gorakhpur in 1999.
- 10th from A. D. Govt. Girls Inter College. Gorakhpur in 1997.

No. of Patents: 01

No. of Research Publications: 23

No. of Certification Courses: 03

No. Books/Book Chapters Published:

Research Work:

- “Role of Homoeopathy in Primary Dysmenorrhoea– A Randomized Placebo Control Trial”

Areas of Interests: Pedogagy, Life Style Disorder, Endocrinnology, female disorder etc

Certifications:

- CBDC workshop for teacher (FDP) organised by National Commission of Homoeopathy, New Delhi in 2024.
- Certificate in Gynecology and Obstetrics from Sanatan charitable trust Continuing Medical and paramedical education, Indore (M. P.) in 2012.
- Doctor of naturopathy (ND) from Arogya Mandir Gorakhpur in 2012-13.
- Doctor of yoga (YD) from Arogya Mandir Gorakhpur in 2012-13.
- PG NAHI from The National Academy of Homoeopathy India, Nagapur in 2013.

Research Publications:-**Journals:**

PUBLICATION DETAILS OF Dr. POONAM SINGH				
	Topic	Journal name & ISSN	Volume/Issue	Impact Factor
1.	The Interplay Between Food Allergies, Anxiety And Quality Of Life: Current Insights From A Homoeopathic Perspectives	International Journal Of Food And Nutritional Sciences (IJFANS) ISSN: 2319-1775, 2320-7876 UGC CARE	Vol 11 Issue 12 Dec 2022, Pg No 202730-202734	7.832 https://ijfans.org/uploads/aper/2f158a438fc3d7b8f892d6a7a602f39d.Pdf
2.	Understanding and managing the virtual Autism with homoeopathy: A Natural and Holistic Aproach to control.	Cuestiones De Fisioterapia ISSN 1135-8599 SCOPUS INDEXED	Vol 54 Issue 1, 2025 Pg no 345-348	
3.	Understanding The Psychophysiology Of Pregnancy Repleted Urinary Tract Infections: Homeopathic Perspectives And Clinical Management Strategies	International Journal Of Cultural Studies And Social Sciences, , ISSN : 2347-4777 UGC CARE	Vol 21, Issue 2, Jan-June 2025	Impact Factor 7.138
4.	Efficacy Of Gymnema Sylvestre And Syzygium Jambolanum In Case Of Type Ii Diabetes Mellitus – A Randomized Comparative Trial	International Journal Of Recent Scientific Research Issn: 0976-3031	Vol. 11, Issue, 02 (E), Pp. 37493-37497, February, 2020	Impact Factor- 7.383
5.	Role Of Homoeopathy In Primary Dysmenorrhoea– A Randomized Placebo Control Trial	International Journal Of Recent Scientific Research Issn: 0976-3031	Vol. 11, Issue, 02 (E), Pp. 37489-37492, February, 2020	Impact Factor- 7.383
6.	A Case Of Allergic Rhinitis Managed By Homoeopathic Medicine Tuberculinum A Case Report	International Journal Of Homoeopathic Sciences E ISSN-2616-4493, P-ISSN-2616-4485	Volume7 Issue 4 Page No 347-349	

7.	Role Of Homoeopathy In The Treatment Of Constipation	Tantia University Journal Of Homoeopathy And Medical Science E-Issn-2581-8899, P- Issn 2581-978x	Volume 2 Issue 1 (Jan- March 2019) Page No. 09-16	Cite Facotr Index - 0.09, Ip Value- 2.52
8.	Utility Of Lesser Known Homoeopathic Medicines In Cases Of Type II Diabetes Mellitus	Tantia University Journal Of Homoeopathy And Medical Science E-ISSN-2581-8899, P- ISSN 2581-978X	Volume 2 Issue 2 (Apr- June 2019) Page No.- 17-21	Cite Facotr Index - 0.09, IP Value- 2.52
9.	Primary Dysmenorrhoea- A Case Report	Tantia University Journal Of Homoeopathy And Medical Science E-ISSN-2581-8899, P- ISSN 2581-978X	Volume 2 Issue 2 (Apr- June 2019) Page No.- 31-35	Cite Facotr Index - 0.09, Ip Value- 2.52
10.	Role Of Syzygium Jambolanum In Diabetes Mellitus- A Review	Tantia University Journal Of Homoeopathy And Medical Science E-ISSN-2581-8899, P- ISSN 2581-978X	Volume 2 Issue 3 (July- Sept. 2019), Page No-26-30	Cite Facotr Index - 0.09, IP Value- 2.52
11.	Primary Dysmenorrhoea And Homoeopathy- A Review	Tantia University Journal Of Homoeopathy And Medical Science E-ISSN-2581-8899, P- ISSN 2581-978X	Volume 2 Issue 3 (July- Sept. 2019) Page No.- 42-45	Cite Facotr Index - 0.09, IP Value- 2.52
12.	Hypothyroidism And Its Homoeopathic Approach	Tantia University Journal Of Homoeopathy And Medical Science E-ISSN-2581-8899, P- ISSN 2581-978X	Volume 2 Issue 3 (July- Sept. 2019), Page No-94-98	Cite Facotr Index - 0.09, Ip Value- 2.52
13.	Amenorrhoea And Homoeopathy- A Case Report	Tantia University Journal Of Homoeopathy And Medical Science E-ISSN-2581-8899, P- ISSN 2581-978X	Volume 2 Issue 4 (Oct- Dec. 2019), Page No-56-59	Cite Facotr Index - 0.09, IP Value- 2.52
14.	Role Of Syzygium Jambolanum Q In Type II Diabetes Mellitus	Tantia University Journal Of Homoeopathy And Medical Science E-ISSN-2581-8899, P- ISSN 2581-978X	Volume 3 Issue 1 (Jan- March 2020), Page No-09-14	Cite Facotr Index - 0.09, IP Value- 2.52
15.	Lesser Known Homoeopathic Medicines Of Alopecia Areata	Tantia University Journal Of Homoeopathy And Medical Science E-ISSN-2581-8899, P- ISSN 2581-978X	Volume 3 Issue 2(APRIL - JUNE 2020), Page No- 43-51	Cite Facotr Index - 0.09, IP Value- 2.52
16.	Ascertaining The Effect Of Dulcamara In The Treatment Of Urticaria	Tantia University Journal Of Homoeopathy And Medical Science E-ISSN-2581-8899, P- ISSN 2581-978X	Volume 3 Issue 3(July- Sept. 2020), Page No-2-9	Cite Facotr Index - 0.09, IP Value- 2.52

17.	A Case Of Cervical Lymphadenopathy	Tantia University Journal Of Homoeopathy And Medical Science E-Issn-2581-8899, P- Issn 2581-978x	Volume 4 Issue 4(Oct.- Dec. 2021), Page No-123-126	Cite Facotr Index - 0.09, Ip Vallue- 2.52
18.	A Case Of Type Ii Diabetes Mellitus	Tantia University Journal Of Homoeopathy And Medical Science E-Issn-2581-8899, P- Issn 2581-978x	Volume 5 Issue 1(Jan.–Mar. 2022), Page No-73-77	Cite Facotr Index - 0.09, Ip Vallue- 2.52
19.	A Case Of Vitiligo	Tantia University Journal Of Homoeopathy And Medical Science E-Issn-2581-8899, P- Issn 2581-978x	Volume 5 Issue 4(Oct.–Dec. 2022), Page No-149-153	Cite Facotr Index - 0.09, Ip Vallue- 2.52
20.	Ganglion Cyst And Homoeopathy	Tantia University Journal Of Homoeopathy And Medical Science E-Issn-2581-8899, P- Issn 2581-978x	Volume 6 Issue 1(Jan.–Mar. 2023), Page No-72-77	Cite Facotr Index - 0.09, Ip Vallue- 2.52
21.	Leucorrhoea With Its Management	Tantia University Journal Of Homoeopathy And Medical Science E-Issn-2581-8899, P- Issn 2581-978x	Volume 6 Issue 3(Jul.- Sept 2023), Page No-59-67	Cite Facotr Index - 0.09, Ip Vallue- 2.52
22.	Use Of External Application In Homoeopathy	Tantia University Journal Of Homoeopathy And Medical Science E-Issn-2581-8899, P- Issn 2581-978x	Volume 7 Issue 2(April.- June 2024), Page No- 18-27	Cite Facotr Index - 0.09, Ip Vallue- 2.52
23.	Post Menopausal Syndrome A Case Study	Tantia University Journal Of Homoeopathy And Medical Science E-Issn-2581-8899, P- Issn 2581-978x	Volume 8 Issue 1(Jan- March 2025), Page No- 33-37	Cite Facotr Index - 0.09, Ip Vallue- 2.52

National and International Conferences

- World Homoeopathy Day Seminar Organised by CCRH New Delhi.
- National Seminar on Modern Trends in Research Methodology by Tantia University in 2019 presented on topic Citation and Bibliography.
- Virtual Conference organised by LMHI Global Colloquium 2021 LIGA Homoeopathy.
- Participated in Xth International Workshop in Materia Medica and Organon in 2014.
- 4th National Homoeopathic Seminar on topic “Homoeopathy in present health care Scenario and Clinical research “on 25-26 October 2015.
- National Homoeopathy Conference on “Homoeopathy – Recent Advances & Life style

Disorder” Organised by GHF Aurangabad in Nov. 2015.

- Homoeopathic child care Seminar at Tata Memorial Hospital, Mumbai on 22-23 feb 2014.
- Inter State Scintific Seminar on Homoeopathy by Health center DDU University, Gorakhpur in 2012.
- CME as resourse person in SGNHMCRI Sri Ganganagar
 1. Tuberculosis of female genital tract on 16/3/2017
 2. Pulmonary Tuberculosis and pregnancy on 09/02/2017
 3. Fitness to practice on 10/4/2018
 4. Leucorrhoea and its Management on 5/1/2019.
- Webinar on Innovative teaching Practices by UP Educator on 12 feb 2025.
- The research conclave (How to get Published in Scopus Indexed journal) on 25/1/2025
- Nexus 2021 National Webinar by MNR HMC on 27/12/2021.
- Nexus 2022 National Webinar by MNR HMC on 5/5/2022.
- Nexus 2024 National Webinar by MNR HMC on 3/7/2024.
- Nexus 2024 National Webinar on Evidence based homoeopathy treatment for female infertility by MNR HMC on 7/8/2024.

Professional Membership:

- Homoeopathy Medical Association of India.
- Homoeopathy Medicine Board Lucknow.
- Reviewer of Tania Journal of Homoeopathy and medical Sciences.

Patents (if any): Hand Held Acne Treatment Light therapy Device.