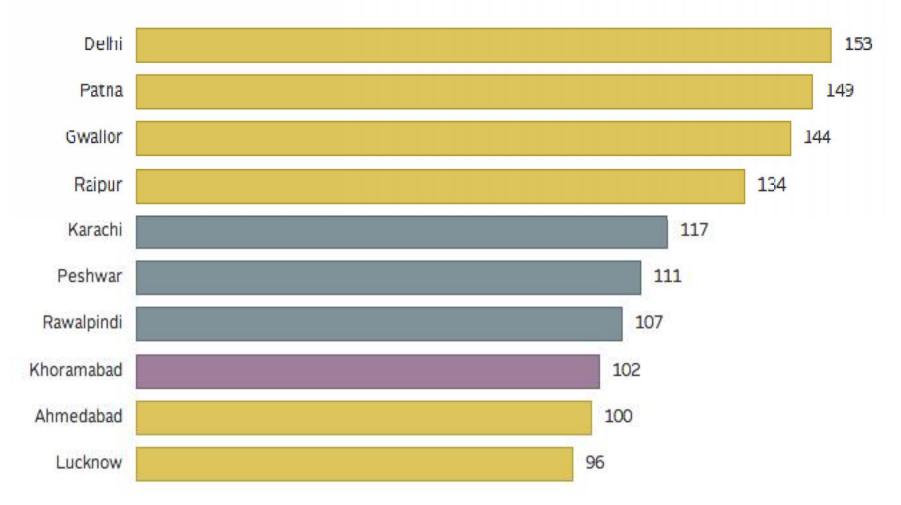


Source: World Health Organization

2

The ten cities worldwide with highest levels of air pollution



EFFECTS OF AIR POLLUTION, PREVENTION AND CONTROL

Dr. Sunayana Sharma MD (Ay) Associate Professor, Swasthavritta

Our cities....



Our factories even in villages....



Air Pollution

Air pollution signifies the presence in the ambient atmosphere of substances like gases, mixture of gases and particulate matter generated by the activities of man in concentrations that interfere with human health, safety or comfort or injurious to vegetation and animals and other environmental media resulting in chemicals entering the food chain or being present in drinking water and thereby constituting additional source of human exposure

Direct effect of air pollutants

- On Plants
- On Animals
- On Soil
- Influences the structure and function of ecosystems, including self regulation ability.
- In the past air pollution meant smoke!

Primary Air pollutants

 They are emitted in to the atmosphere from a source such as a factory chimney or exhaust pipe or through suspension of contaminates dusts by the wind. In principle, there fore, it is possible to measure the amounts emitted at the source itself

Secondary air pollutants

- They are formed within the atmosphere itself. They arise from chemical reactions of primary pollutants, possibly involving the natural components of the atmosphere, especially oxygen and water.
- The most familiar example is ozone, which arises almost entirely from chemical reactions that differ with altitude within the atmosphere. Because of this mode of formation, secondary pollutants cannot readily be included din emissions inventories, although it is possible to estimate formation rates per unit volume of atmosphere per unit time.

Gaseous air pollutants

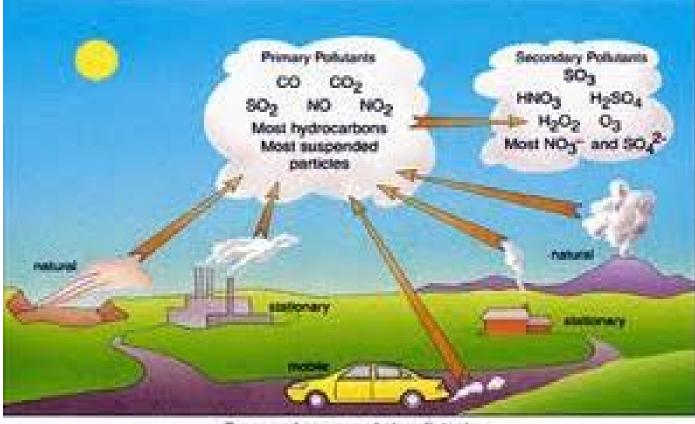
- They are present as gases or vapors, that is as individual small molecules capable for passing through filters, provided they do not absorb to or chemically react with the filter medium.
- They are readily taken into the human respiratory system, although water – soluble, they may very quickly be deposited in the upper respiratory tract and not penetrate to the deep lung.

Particulate air pollutants

 They comprise of material in solid or liquid phase suspended in the atmosphere. Such particles can be either primary or secondary and cover a wide range of sizes.

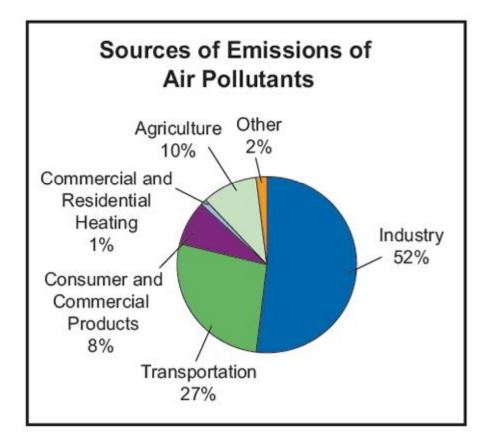
 Newly formed secondary particles can be as small as 1 – 2 μm in diameter, while coarse dust and sea salt particles can be as large as 100 μm in diameter.

Primary and secondary pollutants



Types and sources of air pollutants

Sources of emissions



Local scale

- Some pollutants by virtue of their source or of having a very short atmospheric life time, are only encountered in appreciable concentrations close to where they are emitted.
- For example in less developed countries, poorly controlled house hold and neighborhood sources, often involving the burning of biomass fuels cause serious local pollution.

Urban scale

- Pollutants from urban sources, such as nitrogen oxides and carbon monoxide generated by road traffic, tend to be present at high concentrations throughout the city and at significantly reduced concentrations in adjacent rural areas.
- Their atmospheric life times are not long and therefore, concentrations in the remote background atmosphere tend to be very low.

Regional scale

- Pollutants in the form of fine particles (< 2.5 μm diameter but not ultrafine particles) and some gas phase pollutants such as ozone has atmospheric life times of days or even weeks, which permit them to be transported on a regional scale.
- Pollutants such as sulphate particles and ozone readily travel thousands of kilometers in a process known as long – range transport, crossing national boundaries in doing so.

Hemispheric and global scales

 Some pollutants and especially those associated with greenhouse warming effects (CO2, N2O, Methane) have atmospheric lifetimes of years and are therefore, capable of distribution throughout a hemisphere and ultimately globally.

Sources of air pollution

- Automobiles: Hydrocarbons, CO, Lead, Nitrogen oxides and particulate matter.
- Industries: Smoke, SO2, NO2, Fly ash, HF, HCL, Organic Halides, CO, CO2, H2S
- Domestic sources: coal/ wood /oil combustion create smoke, dust, SO2, NO2, passive smoking
- Miscellaneous: Burning refuse, incinerators, pesticide spraying, natural sources (wind borne dust, fungi, bacteria) and nuclear energy programmes

Meteorological factors

- Most of the gases are within the first 30 Km of atmosphere. Man is in contact with 8-10 Km.
- Topography, air movement and climate influences air pollution. Wind helps in dispersal and dilution of pollutants. If the topography is dominated by mountains or big buildings, the wind becomes weak and calm and pollutants tend to concentrate in the breathing zone.
- Temperature gradient is also important. When there is a rapid cooling of lower layers of air, there is no vertical motion. Pollutants and water vapor get trapped resulting in smog. (Temperature inversion). It affects health

Air pollutants

- Carbon monoxide
- Sulphur dioxide
- Lead
- Carbon dioxide
- Hydrocarbons
- Cadmium
- Hydrogen sulphide
- Ozone
- Oxides of nitrogen
- Poly cyclic aromatic hydrocarbons
- Particulate matter

Carbon monoxide

 Product of incomplete combustion of carbon containing materials such as automobiles, industrial process, heating facilities and incinerators. (350 – 600 million tones per annum). Heavy during morning and evening rush hours. Topography is another factor.

Sulphur dioxide

- Colorless gas with a sharp odor that results from the combustion of sulphur containing fossil fuel, the smelting of sulphur containing ores and other industrial processes. Domestic fires, power generation and motor vehicles also produce SO2
- SO₂ affects respiratory system and the function of the lungs and causes irritation of the eyes. Inflammation of the respiratory tract causes coughing, mucus secretion, aggravation of asthma and chronic bronchitis and makes people more prone to respiratory infections.

Lead

- The combustion of alkyl lead additives in motor fuels accounts for major part of all lead emissions in to the atmosphere.
- Children up to 6 years and pregnant women are at increased risk
- BBB or placenta are not effect barriers against lead.

Hydrocarbons

- Incineration
- Combustion of coal
- Wood
- Petroleum processing and use
- Hydrocarbons exert their pollutant action by taking part in chemical reactions that cause photochemical smog.

Cadmium

- Steel industry
- Waste incineration
- Volcanic action
- Zinc production
- Tobacco smoking

Hydrogen Sulphide

- H₂S is formed whenever sulphur or sulphur compounds come in contact with organic material at high temperature.
- Coke production, viscose rayon production, waste water treatment plants, wood pulp production using sulphate process, Sulphur extraction process, oil refining, and tanning industry cause H₂S production.

Ozone

- Ozone at ground level is one among the constituents of photochemical smog
- Formed by the photochemical reaction of sun light with pollutants such Oxides of N₂ from vehicles, industry emissions and volatile compounds emitted by vehicles, solvents and industry. High during sunny days
- Causes breathing problems, trigger asthma, reduce lung function and cause lung diseases.

Oxides of Nitrogen

- Predominantly Nitric oxide. Commonly from coal combustion. Also from road traffic and electricity generation.
- NO₂ causes incidence of Bronchitis and Asthma
- Reduced lung function and growth.

Polycyclic aromatic hydrocarbons (PAH)

- A group of 10,000 compounds
- Formed from incomplete burning of firewood, garbage, coal and oil.
- Also automobile exhaust, industrial emission, charcoal and tobacco.
- Toxic when ingested or in contact with skin.
- Carcinogenic, mutagen and reproductive toxin

Particulate Matter

- Complex mixture of organic and inorganic substances.
- <2.5 μm are more dangerous. They travel deep into bronchioles and interfere with gas exchange in the lungs.
- Can cause respiratory and cardiac diseases and even lung cancer.

Indoor air pollutants

Pollutant	Sources
Respirable Particles	Tobacco smoke, Stove, Aerosol sparays
Carbon Monoxide	Combustion equipment, Stove, Gas heaters
Nitrogen Dioxide	Gas cookers, Cigarettes
Sulphur Dioxide	Coal combustion
Carbon Dioxide	Combustion, Respiration
Formaldehyde	Particle board, Carpet adhesives, insulation
Other organic vapors (benzene, toluene etc)	Solvents, Adhesives, Resin products, aerosol sprays
Ozone	Electric arcing, UV light sources
Radon and daughters	Building material
Asbestos	Insulation, Fireproofing
Mineral fibers	Appliances

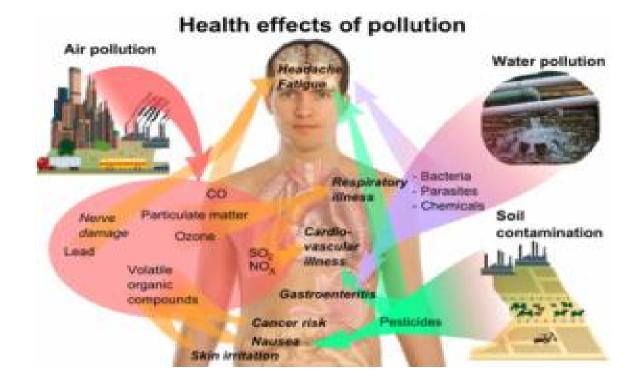
Indoor Air Pollution - effects

Acute respiratory infections in young children

• Chronic lung disease and cancer in adults

Adverse pregnancy outcomes like stillbirths

Effects of Air Pollution on health



Monitoring Air Pollution

- Best indicators SO₂, Smoke and Suspended particles
- SO₂ concentration
- Smoke or Soiling Index
- Grit and Dust measurement
- Coefficient of Haze
- Air Pollution index: 10 SO₂ + 2 CO2 + 2 CoH

Effects of Air Pollution

Health aspects

Immediate – a/c bronchitis, suffocation, death

Delayed - c/c bronchitis, Lung cancer, bronchial asthma, emphysema and respiratory allergies

Lead poisons many systems.

- Social and Economic aspects
- Destruction of plant and animal life, corrosion of metals, damage to buildings, cost of cleaning and maintenance, aesthetic nuisance.

Major Air Pollutants, sources and adverse effects

Noxious Agent	Sources	Adverse Effects
Oxides of Nitrogen	Automobile exhaust, gas stove and heaters, wood burning stoves, kerosene space heaters	Respiratory Tract irritation, bronchial hyperactivity, impaired lung defenses
Hydrocarbons	Automobile exhaust Cigarette smoke	Lung Cancer
Ozone discomfort	Automobile exhaust	Cough Substernal
Sulphur Dioxide	Power plants, Smelters, Oil refineries, kerosene space heaters.	Exacerbation of Asthma and COPD, respiratory tract irritation, hospitalization may be necessary, death in severe exposure
Lead	Automobile exhaust using leaded gasoline	Impaired neuropsychological development in children

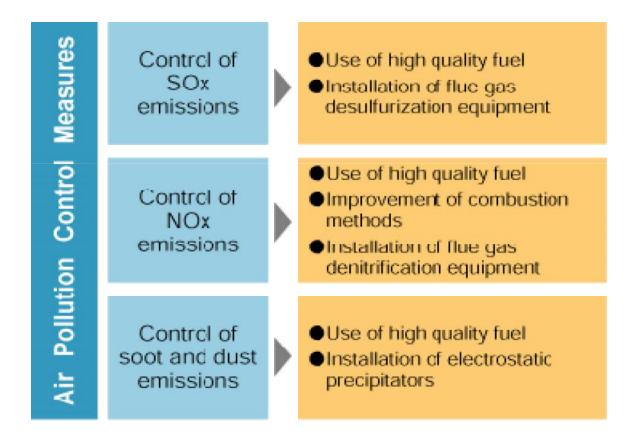
Prevention and Control of Air Pollution

- Containment
- Replacement
- Dilution
- Legislation
- International action

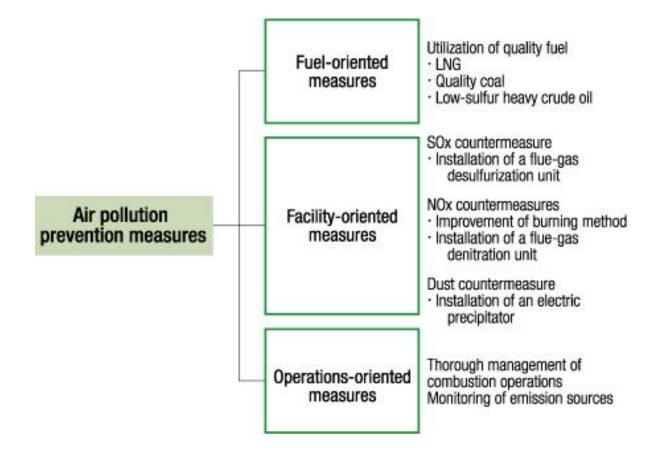
Disinfection of Air

- Mechanical ventilation
- Ultraviolet Radiation
- Chemical mists
- Dust control

Prevention and Control of Air Pollution



Prevention and Control of Air Pollution



What does Ayurveda say?



Signs of Vitiated Vayu

"तत्र वातमेवं विधं अनारोग्य करं विद्यात् ; तद्यथा -यथात्त्तु विषमं अतिस्तिमितं अतिचलं अतिपरुषं अतिशीतं अत्युष्णं अतिरूक्षं अर्त्याभष्यन्दिनं अतिभैरवारावं अतिप्रतिहता परस्परगतिं अति कुण्डलिनं असात्म्य गंधा बाष्प सिकता पांसु धूमोपहर्तार्मात "

Air having the following characteristics is injurious to health

- Absence of characteristic features in conformity with the season
- Excessive calmness or violent blow
- Excessive dryness, cold, heat, roughness or humidity
- Excessive clashes among each other
- Excessively cyclonic in nature
- Association with unwholesome smell, gases, sand, ashes and smoke

Methods of Air Purification

• Fumigation

- Sprinkling
- Spraying
- Medicated Flags
- Medicated Drums

Dhupanam

लाक्षा हरिद्रातिविषाभयाब्द हरेणुकैला दलवाकरकुष्ठं प्रियंगुकां चाप्यनले निधाय धूमानिलौ चापि विशोधयेत् (Su. Jamgamavishavijnaniyam - 17)



Aparajita

पुराध्यम वचा सज निम्बाकागारुदारुभी: धूपो ज्वरेषु सवषु प्रयोक्तव्यो अपराजित:(AH Jwara chi)

Sprinkling

देवदारु नतानन्ता मधुकाजुन गैरिकम् वज्रकन्द लत्तां लोध्रं वीकिरेचछलक्षण चूणितम् वृक्षाग्रेषु पताकासु दुष्येषु सुमहत्स्वपि सर्वतश्चूण संपकात निविशो जायतेनील:





Spraying

विल्वाढको यवक्षार पाटलो बाल्हिकोषणा: श्रीपर्णा सल्लकोयुक्ता निष्क्वाथ: प्रोक्षण: परं सविषं प्रोक्षितं तेन सद्यो भवति निर्विषम्

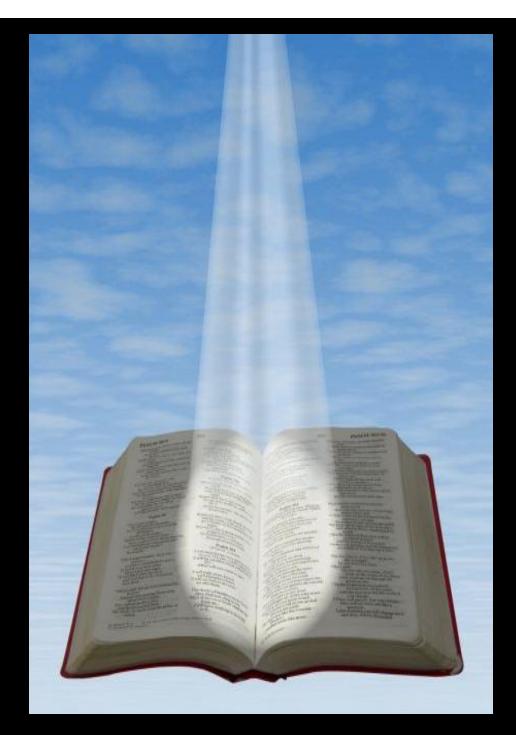




अरेणु मांसी मंजिष्ठा रजनी मधुकं मधु अक्षत्वक सुरसं लाक्षा अर्श्वापत्तं पूववन्मणि: वादित्राणि पताकाश्च पिष्टैरेपिश्च लेपिता: श्रुत्वा दृष्ट्वा समाघ्राय सद्यो भर्वात निविषम्



आनो भद्रा क्रतवो यन्तु विश्वतः



" Let knowledge come from all sides towards us! "



THANKYOU!!!